



February 2017



Corbin Educational Center Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Choice of Breakfast Pizza Fruit, Juice, Milk	2 Choice of Muffin Fruit, Juice, Milk	3 Choice of Sausage Biscuit Fruit, Juice, Milk
6 Choice of Mini Pancakes & Syrup Fruit, Juice, Milk	7 Choice of Muffin Fruit, Juice, Milk	8 Choice of Bagel Fruit, Juice, Milk	9 Choice of Scrambled Eggs, Bacon & Toast Fruit, Juice, Milk	10 Choice of Sausage Biscuit Fruit, Juice, Milk
13 Choice of Pancake Wrap & Syrup Fruit, Juice, Milk	14 Choice of Gravy & Biscuit Fruit, Juice, Milk	15 Choice of Bagel Fruit, Juice, Milk	16 Choice of Breakfast Pizza Fruit, Juice, Milk	17 Choice of Sausage Biscuit Fruit, Juice, Milk
20 Choice of Mini Pancakes & Syrup Fruit, Juice, Milk	21 Choice of Muffin Fruit, Juice, Milk	22 Choice of Bagel Fruit, Juice, Milk	23 Choice of Scrambled Eggs, Bacon & Toast Fruit, Juice, Milk	24 Choice of Sausage Biscuit Fruit, Juice, Milk
27 Choice of Pancake Wrap & Syrup Fruit, Juice, Milk	28 Choice of Gravy & Biscuit Fruit, Juice, Milk			

Some menu items are subject to change without notice due to availability

<p>Variety of Low fat, Fat Free White Milk and Fat Free Flavored Milk Offered Daily</p>		<p>Fruit & Juice Offered Daily</p>
--	--	---

Corbin Educational Center is a CEP school
(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Carb Counts	
<p>Entree Items</p> <ul style="list-style-type: none"> Bacon 0 Biscuit 24 Breakfast Pizza WG 26 Chicken Breakfast Pattie 4 Gravy 6 Mini Pancakes WG Maple 35 Mini Pancakes WG Strawberry 35 Mini Waffles WG 35 Muffin WG Blueberry 30 Muffin WG Chocolate 32 Pancake Wrap WG 18 Sausage 1 Scrambled Eggs 0 Toast WG 1 slice 14 <p>Cereal</p> <ul style="list-style-type: none"> Cinnamon Toast Crunch 22 Cocoa Krispies 28 Frosted Flakes 24 Froot Loops 18 Lucky Charms 23 <p>Poptarts 2 count package</p> <ul style="list-style-type: none"> WG Chocolate Fudge 76 WG Brown Sugar Cinnamon 75 WG Strawberry 76 <p>Fruit 1/2 cup servings</p> <ul style="list-style-type: none"> Apple 22 Orange 21 Banana 27 Applesauce 13-14 Diced Peaches 14 Diced Pears 16 Mandarin Oranges 20 Mixed Fruit 15-17 	<ul style="list-style-type: none"> Pineapple Tidbits 18 100 % Fruit Juice 4 oz Orange Juice Carton 15 Apple Juice - Suncup 14 Grape Juice - Suncup 19 Orange Juice - Suncup 14 <p>Milk 8 oz carton</p> <ul style="list-style-type: none"> Low Fat White Milk 11 Fat Free White Milk 11 Fat Free Chocolate Milk 20 Fat Free Strawberry Milk 22 Fat Free Vanilla Milk 24 <ul style="list-style-type: none"> Syrup 31 Jelly all varieties 9 Nutri Grain Bar Strawberry WG 29 Cinnamon Apple WG 24 Blueberry WG 30
<p>Breakfast meal offered includes:</p> <p>Grain</p> <p>Milk</p> <p>Fruit</p> <p>Juice</p> <p>Students must take a 1/2 cup juice or fruit to count as a meal</p>	

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.