



March 2018

Corbin Educational Center Breakfast Menu

Corbin Educational Center is a CEP school
(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Mini Donuts Fruit, Juice, Milk	2 Sausage Biscuit Fruit, Juice, Milk
5 Glazed Donut Fruit, Juice, Milk	6 Gravy & Biscuit Fruit, Juice, Milk	7 Breakfast Pizza Fruit, Juice, Milk	8 Funnel Cake Fruit, Juice, Milk	9 Sausage Biscuit Fruit, Juice, Milk
12 Muffin Fruit, Juice, Milk	13 Scrambled Eggs, Sausage Links & Toast Fruit, Juice, Milk	14 Pancake Wrap & Syrup Fruit, Juice, Milk	15 Mini Donuts Fruit, Juice, Milk	16 Sausage Biscuit Fruit, Juice, Milk
19 Cinnamon Bun Fruit, Juice, Milk	20 Gravy & Biscuit Fruit, Juice, Milk	21 Breakfast Pizza Fruit, Juice, Milk	22 French Toast Sticks & Syrup Fruit, Juice, Milk	23 Sausage Biscuit Fruit, Juice, Milk
26 Apple or Cherry Fruitel Fruit, Juice, Milk	27 Scrambled Eggs, Sausage Links & Toast Fruit, Juice, Milk	28 Mini Pancakes & Syrup Fruit, Juice, Milk	29 Mini Donuts Fruit, Juice, Milk	30 Sausage Biscuit Fruit, Juice, Milk

Some menu items are subject to change without notice due to availability

<p>Variety of Low fat, Fat Free White Milk and Fat Free Flavored Milk Offered Daily</p>		<p>Fruit & Juice Offered Daily</p>
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Carb Counts

Entree Items	Mixed Fruit 15-17 Pineapple Tidbits 18
Bacon 0 Biscuit 24 Breakfast Pizza WG 26 Chicken Breakfast Pattie 4 Cinnamon Minnis WG 39 Donut, Mini Powdered WG 41 Donut, Mini Chocolate WG 41 Donut, Glazed WG 29 French Toast Sticks WG 35 Fruitel, Apple WG 36 Fruitel, Cherry WG 37 Funnel Cake (Dutch Waffle) WG 43 Gravy 6 Mini Pancakes WG Maple 35 Mini Pancakes WG Strawberry 35 Mini Waffles WG 35 Muffin WG Blueberry 30 Muffin WG Chocolate 32 Oatmeal 40 Pancake Wrap WG 18 Sausage 1 Scrambled Eggs 0 Toast WG 1 slice 14	<p>Poptarts 2 count package Chocolate Fudge WG 76 Brown Sugar Cinnamon WG 75 Strawberry WG 76</p> <p>100 % Fruit Juice 4 oz Orange Juice Carton 15 Apple Juice - Suncup 14 Grape Juice - Suncup 19 Orange Juice - Suncup 14</p> <p>Milk 8 oz carton Low Fat White Milk 11 Fat Free White Milk 11 Fat Free Chocolate Milk 20 Fat Free Strawberry Milk 22 Fat Free Vanilla Milk 24</p> <p>Syrup 31 Jelly all varieties 9 Nutri Grain Bar Strawberry WG 29 Nutri Grain Apple Cinnamon WG 24 Nutri Grain Blueberry WG 30</p>
Cereal	
Cinnamon Toast Crunch 22 Cocoa Krispies 28 Frosted Flakes 24 Froot Loops 18 Lucky Charms 23	
Fruit 1/2 cup servings	
Apple 22 Orange 21 Banana 27 Applesauce 13-14 Diced Peaches 14 Diced Pears 16 Mandarin Oranges 20	

Breakfast meal offered includes:

**Grain (Entree)
Milk
Fruit
Juice**

**Students must select entree and
a 1/2 cup fruit or juice
to count as a meal**

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