



May 2017



Corbin Educational Center Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Mini Pancakes & Syrup Fruit, Juice, Milk	2 Gravy & Biscuit Fruit, Juice, Milk	3 Bagel Fruit, Juice, Milk	4 Muffin Fruit, Juice, Milk	5 Sausage Biscuit Fruit, Juice, Milk
8 Pancake Wrap & Syrup Fruit, Juice, Milk	9 Breakfast Pizza Fruit, Juice, Milk	10 Bagel Fruit, Juice, Milk	11 French Toast & Syrup Fruit, Juice, Milk	12 Sausage Biscuit Fruit, Juice, Milk
15 Mini Pancakes & Syrup Fruit, Juice, Milk	16 No School	17 Bagel Fruit, Juice, Milk	18 Breakfast Pizza Fruit, Juice, Milk	19 Sausage Biscuit Fruit, Juice, Milk
22	23	24	25	26
29	30	31		

Have a great summer!!!

Some menu items are subject to change without notice due to availability

<p>Variety of Low fat, Fat Free White Milk and Fat Free Flavored Milk Offered Daily</p>		<p>Fruit & Variety of Juice Offered Daily</p>
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Corbin Educational Center is a CEP school
(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Carb Counts	
<p>Entree Items</p> <ul style="list-style-type: none"> Bacon 0 Biscuit 24 Breakfast Pizza WG 26 Chicken Breakfast Pattie 4 Gravy 6 Mini Pancakes WG Maple 35 Mini Pancakes WG Strawberry 35 Mini Waffles WG 35 Muffin WG Blueberry 30 Muffin WG Chocolate 32 Pancake Wrap WG 18 Sausage 1 Scrambled Eggs 0 Toast WG 1 slice 14 <p>Cereal</p> <ul style="list-style-type: none"> Cinnamon Toast Crunch 22 Cocoa Krispies 28 Frosted Flakes 24 Froot Loops 18 Lucky Charms 23 <p>Poptarts 2 count package</p> <ul style="list-style-type: none"> WG Chocolate Fudge 76 WG Brown Sugar Cinnamon 75 WG Strawberry 76 <p>Fruit 1/2 cup servings</p> <ul style="list-style-type: none"> Apple 22 Orange 21 Banana 27 Applesauce 13-14 Diced Peaches 14 Diced Pears 16 Mandarin Oranges 20 Mixed Fruit 15-17 	<ul style="list-style-type: none"> Pineapple Tidbits 18 100 % Fruit Juice 4 oz Orange Juice Carton 15 Apple Juice - Suncup 14 Grape Juice - Suncup 19 Orange Juice - Suncup 14 <p>Milk 8 oz carton</p> <ul style="list-style-type: none"> Low Fat White Milk 11 Fat Free White Milk 11 Fat Free Chocolate Milk 20 Fat Free Strawberry Milk 22 Fat Free Vanilla Milk 24 <ul style="list-style-type: none"> Syrup 31 Jelly all varieties 9 Nutri Grain Bar Strawberry WG 29 Cinnamon Apple WG 24 Blueberry WG 30
<p>Breakfast meal offered includes:</p> <p>Grain</p> <p>Milk</p> <p>Fruit</p> <p>Juice</p> <p>Students must take a 1/2 cup juice or fruit to count as a meal</p>	

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