



October 2017

Corbin Educational Center Breakfast Menu



Corbin Educational Center is a CEP school
(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cinnamon Bun Fruit, Juice, Milk	3 Scrambled Eggs, Sausage Links & Toast Fruit, Juice, Milk	4 Breakfast Pizza Fruit, Juice, Milk	5 Funnel Cake & Syrup Fruit, Juice, Milk	6 Sausage Biscuit Fruit, Juice, Milk
9 Muffin Fruit, Juice, Milk	10 Gravy & Biscuit Fruit, Juice, Milk	11 French Toast Sticks & Syrup Fruit, Juice, Milk	12 Mini Donuts Fruit, Juice, Milk	13 Sausage Biscuit Fruit, Juice, Milk
FALL BREAK				
16	17	18	19	20
23 Apple or Cherry Frudel Fruit, Juice, Milk	24 Scrambled Eggs, Sausage Links & Toast Fruit, Juice, Milk	25 Pancake Wrap & Syrup Fruit, Juice, Milk	26 Glazed Donut Fruit, Juice, Milk	27 Sausage Biscuit Fruit, Juice, Milk
30 Cinnamon Bun Fruit, Juice, Milk	31 Gravy & Biscuit Fruit, Juice, Milk			

Some menu items are subject to change without notice due to availability

Carb Counts	
<p>Entree Items</p> <ul style="list-style-type: none"> Bacon 0 Biscuit 24 Breakfast Pizza WG 26 Chicken Breakfast Pattie 4 Cinnamon Minnis WG 39 Donut, Mini Powdered WG 41 Donut, Mini Chocolate WG 41 Donut, Glazed WG 29 French Toast Sticks WG 35 Frudel, Apple WG 36 Frudel, Cherry WG 37 Funnel Cake (Dutch Waffle) WG 43 Gravy 6 Mini Pancakes WG Maple 35 Mini Pancakes WG Strawberry 35 Mini Waffles WG 35 Muffin WG Blueberry 30 Muffin WG Chocolate 32 Oatmeal 40 Pancake Wrap WG 18 Sausage 1 Scrambled Eggs 0 Toast WG 1 slice 14 <p>Cereal</p> <ul style="list-style-type: none"> Cinnamon Toast Crunch 22 Cocoa Krispies 28 Frosted Flakes 24 Froot Loops 18 Lucky Charms 23 <p>Fruit 1/2 cup servings</p> <ul style="list-style-type: none"> Apple 22 Orange 21 Banana 27 Applesauce 13-14 Diced Peaches 14 Diced Pears 16 Mandarin Oranges 20 	<ul style="list-style-type: none"> Mixed Fruit 15-17 Pineapple Tidbits 18 <p>Poptarts 2 count package</p> <ul style="list-style-type: none"> Chocolate Fudge WG 76 Brown Sugar Cinnamon WG 75 Strawberry WG 76 <p>100 % Fruit Juice 4 oz</p> <ul style="list-style-type: none"> Orange Juice Carton 15 Apple Juice - Suncup 14 Grape Juice - Suncup 19 Orange Juice - Suncup 14 <p>Milk 8 oz carton</p> <ul style="list-style-type: none"> Low Fat White Milk 11 Fat Free White Milk 11 Fat Free Chocolate Milk 20 Fat Free Strawberry Milk 22 Fat Free Vanilla Milk 24 <ul style="list-style-type: none"> Syrup 31 Jelly all varieties 9 Nutri Grain Bar Strawberry WG 29 Nutri Grain Apple Cinnamon WG 24 Nutri Grain Blueberry WG 30
<p>Breakfast meal offered includes:</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p style="text-align: center; margin: 0;">Grain (Entree)</p> <p style="text-align: center; margin: 0;">Milk</p> <p style="text-align: center; margin: 0;">Fruit</p> <p style="text-align: center; margin: 0;">Juice</p> </div> <p style="text-align: center; margin-top: 10px;">Students must select entree and a 1/2 cup fruit or juice to count as a meal</p>	

Variety of Low fat, Fat Free White Milk and Fat Free Flavored Milk Offered Daily



Fruit & Variety of Juice Offered Daily

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