



# May 2018

## Corbin Educational Center Lunch Menu



**Corbin Educational Center is a CEP school**  
(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Monday	Tuesday	Wednesday	Thursday	Friday
	Meatball Sub Funyuns or Doritos Carrot sticks/Ranch Fruit Milk	Chicken Nuggets Mashed Potatoes Glazed Carrots Cookie WG Fruit Milk	Oven Roasted Turkey Mashed Potatoes Gravy, Sliced Bread Fruit Milk	Taco Salad Lettuce, Tomatoes Shredded Cheese Refried Beans Salsa Fruit, Milk
Chicken Sandwich Sandwich Toppings Tater Tots Fruit Sidekick Milk	Spaghetti w/Meat Sauce Fresh Garden Salad Garlic Bread Fruit Milk	Choice of Turkey, Ham or Bologna Sandwich Chips Veggie Sticks/Ranch Fruit, Milk	Choice of Turkey, Ham or Bologna Sandwich Chips Veggie Sticks/Ranch Fruit, Milk	Choice of Turkey, Ham or Bologna Sandwich Chips Veggie Sticks/Ranch Fruit, Milk
Chicken Alfredo Fresh Garden Salad Garlic Bread Fruit Milk	Chicken Nuggets Mashed Potatoes Broccoli & Cheese Cookie WG Fruit Milk	Hot dog w/ Chili Sauce Cheetos Carrot Sticks/Ranch Fruit Milk	Cheesy Chicken Nachos, Salsa Lettuce, Tomatoes Queso Cheese Refried Beans Fruit, Milk	School Pizza Fresh Garden Salad Golden Sweet Corn Fruit Sidekick Milk
Orange Chicken Steamed Vegetables Rice Fruit Milk	NO SCHOOL ELECTION DAY	Chicken Nuggets Mashed Potatoes Glazed Carrots Cookie WG Fruit Milk	LAST DAY OF SCHOOL HALF DAY Sack Lunches Turkey and Cheese Sandwich, Chips, Veggie Stick, Treat Fruit, Milk	

Have a great summer!!!

Some menu items are subject to change without notice due to availability

Variety of Low fat, Fat Free White Milk and Fat Free Flavored Milk Offered Daily		Fruit Offered Daily		Sub Sandwich Chef Salad Offered Daily
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### Carb Counts

<b>Entree Meat Items</b>	Tortilla Shell 25
Cheese Slice 2	<b>Condiments</b>
Cheese - Shredded 1	BBQ 11
Chicken Nuggets 16	Ketchup 3
Chicken Patty 16	Mayonnaise 0
Corn Dog 30	Mustard 2
Ham 1	Ranch Dip 5
Hamburger Patty 1	<b>Fruit 1/2 cup servings</b>
Hotdog Frank 1	Apple 22
Manwich Sauce/Meat 4	Orange 21
School Pizza 32	Banana 27
Spaghetti Meat Sauce 5.5	Applesauce 13-14
Taco Meat 3	Diced Peaches 14
Turkey 0	Diced Pears 16
<b>Vegetables</b>	Mandarin Oranges 20
Broccoli -Fresh 5.5	Mixed Fruit 15-17
Carrot Sticks 6	Pineapple Tidbits 18
Corn 16	<b>Milk 8 oz carton</b>
Green Beans 4	Low Fat White Milk 11
Lettuce	Fat Free White Milk 11
Mashed Potatoes 15	Fat Free Chocolate Milk 20
Potato Wedges 17	Fat Free Strawberry Milk 22
Refried Beans 16	Fat Free Vanilla Milk 24
Salsa 2	
Smiley Fries 20	<b>Lunch meal offered includes:</b>
Tossed Salad 3+	
<b>Grains</b>	
Baked Cheetos 17	Grain - Minimum 1 oz
Breadstick 22	Meat/Meat Alternate - Minimum 2 oz
Cookie WG 14	Vegetable - 1/2 Cup
Doritos RF 20	Fruit - 1/2 Cup
Gold Fish 14	Milk - Minimum 8 oz
Hamburger Bun	
Hotdog Bun	<b>Students do not have to take all five components,</b>
Sandwich Bread	<b>but they must take a minimum of three, which must</b>
Pasta 42	<b>include a fruit or vegetable to count as a meal.</b>
Tortilla Chips 21	

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