



April 2018

Corbin Elementary School Lunch Menu



Corbin Elementary School is a CEP school
(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Monday	Tuesday	Wednesday	Thursday	Friday
Spring Break				
2 Corn Dog Creamy Mac & Cheese Green Beans Fruit Milk	3 Sloppy Joe Funyuns or Doritos Carrot Sticks/Ranch Fruit Milk	4 Chicken Nuggets Mashed Potatoes Broccoli & Cheese Cookie WG Fruit Milk	5 Taco Salad Lettuce, Tomatoes Shredded Cheese Refried Beans Salsa Fruit, Milk	6 Hamburger Sandwich Toppings Smiley Fries Fruit Sidekick Milk
9 Chicken Sandwich Sandwich Toppings Tater Tots Fresh Broccoli/Ranch Fruit Milk	10 Spaghetti w/Meat Sauce Fresh Garden Salad Garlic Bread Fruit Milk	11 Chicken Nuggets Mashed Potatoes Glazed Carrots Cookie WG Fruit Milk	12 Hot dog w/ Chili Sauce Potato Wedges Baked Beans Fresh Veggies/Ranch Fruit Milk	13 School Pizza Fresh Garden Salad Golden Sweet Corn Fruit Sidekick Milk
16 Corn Dog Creamy Mac & Cheese Green Beans Fruit Milk	17 Sloppy Joe Funyuns or Doritos Carrot Sticks/Ranch Fruit Milk	18 Chicken Nuggets Mashed Potatoes Broccoli & Cheese Cookie WG Fruit Milk	19 Taco Salad Lettuce, Tomatoes Shredded Cheese Refried Beans Salsa Fruit, Milk	20 Hamburger Sandwich Toppings Smiley Fries Fruit Sidekick Milk
23 Chicken Sandwich Sandwich Toppings Tater Tots Fresh Broccoli/Ranch Fruit Sidekick Milk	24 Sloppy Joe Funyuns or Doritos Carrot Sticks/Ranch Fruit Milk	25 Chicken Nuggets Mashed Potatoes Broccoli & Cheese Cookie WG Fruit Milk	26 Taco Salad Lettuce, Tomatoes Shredded Cheese Refried Beans Salsa Fruit, Milk	27 Hamburger Sandwich Toppings Smiley Fries Fruit Sidekick Milk
30 Corn Dog Creamy Mac & Cheese Green Beans Fruit Milk				

Some menu items are subject to change without notice due to availability

<p>Variety of Low fat, Fat Free White Milk and Fat Free Flavored Milk Offered Daily</p>		<p>Variety of Fruit Offered Daily</p>
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Carb Counts

<p>Entree Meat Items</p> <ul style="list-style-type: none"> Cheese Slice 2 Cheese - Shredded 1 Chicken Nuggets 16 Chicken Patty 16 Corn Dog 30 Ham 1 Hamburger Patty 1 Hotdog Frank 1 Manwich Sauce/Meat 4 School Pizza 32 Spaghetti Meat Sauce 5.5 Taco Meat 3 Turkey 0 <p>Vegetables</p> <ul style="list-style-type: none"> Broccoli -Fresh 5.5 Carrot Sticks 6 Corn 16 Green Beans 4 Lettuce Mashed Potatoes 15 Potato Wedges 17 Refried Beans 16 Salsa 2 Smiley Fries 20 Tossed Salad 3+ <p>Grains</p> <ul style="list-style-type: none"> Baked Cheetos 17 Breadstick 22 Cookie WG 14 Doritos RF 20 Gold Fish 14 Hamburger Bun Hotdog Bun Sandwich Bread Pasta 42 	<ul style="list-style-type: none"> Tortilla Chips 21 Tortilla Shell 25 <p>Condiments</p> <ul style="list-style-type: none"> BBQ 11 Ketchup 3 Mayonnaise 0 Mustard 2 Ranch Dip 5 <p>Fruit 1/2 cup servings</p> <ul style="list-style-type: none"> Apple 22 Orange 21 Banana 27 Applesauce 13-14 Diced Peaches 14 Diced Pears 16 Mandarin Oranges 20 Mixed Fruit 15-17 Pineapple Tidbits 18 <p>Milk 8 oz carton</p> <ul style="list-style-type: none"> Low Fat White Milk 11 Fat Free White Milk 11 Fat Free Chocolate Milk 20 Fat Free Strawberry Milk 22
<p>Lunch meal offered includes:</p> <p>Grain - Minimum 1 oz</p> <p>Meat/Meat Alternate - Minimum 2 oz</p> <p>Vegetable - 1/2 Cup</p> <p>Fruit - 1/2 Cup</p> <p>Milk - Minimum 8 oz</p> <p>Students do not have to take all five components, but they must take a minimum of three, which must include a fruit or vegetable to count as a</p>	

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