



December 2017

Corbin Elementary School Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				Hamburger w/Bun 1 Sandwich Toppings Baked Chips Celery/Ranch Fruit Milk
Chicken Sandwich 4 Sandwich Toppings Smiley Fries Fresh Celery/Ranch Fruit Milk	Corn Dog 5 Mac & Cheese Carrot Sticks/Ranch Fruit Sidekick Fruit Milk	Chicken Nuggets 6 Mashed Potatoes Steamed Carrots Cookie WG Fruit Milk	Vegetable Soup 7 Grilled Cheese Fresh Veggies/Ranch Fruit Sidekick Milk	Calzones 8 Tossed Garden Salad Steamed Corn Fruit Milk
Hamburger 11 Sandwich Toppings Smiley Fries Fresh Celery/Ranch Fruit Milk	Spaghetti w/Meat 12 Sauce Tossed Salad Garlic Bread Fruit Milk	Chicken Nuggets 13 Mashed Potatoes Broccoli & Cheese Cookie WG Fruit Milk	Hotdog w/Chili 14 Potato Wedges Broccoli/Ranch Fruit Sidekick Milk	School Pizza 15 Tossed Garden Salad Steamed Corn Fruit Milk
18	19	20	21	22
Merry Christmas				
25	26	27	28	29
And Happy New Year!!				

Some menu items are subject to change without notice due to availability

Variety of
Low fat, Fat Free
White Milk
and Fat Free Flavored
Milk Offered Daily



Variety of
Fruit Offered Daily

Corbin Elementary School is a CEP school
(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Carb Counts

Entree Meat Items	Tortilla Chips 21
Cheese Slice 2	Tortilla Shell 25
Cheese - Shredded 1	Condiments
Chicken Nuggets 16	BBQ 11
Chicken Patty 16	Ketchup 3
Corn Dog 30	Mayonnaise 0
Ham 1	Mustard 2
Hamburger Patty 1	Ranch Dip 5
Hotdog Frank 1	Fruit 1/2 cup servings
Manwich Sauce/Meat 4	Apple 22
School Pizza 32	Orange 21
Spaghetti Meat Sauce 5.5	Banana 27
Taco Meat 3	Applesauce 13-14
Turkey 0	Diced Peaches 14
Vegetables	Diced Pears 16
Broccoli -Fresh 5.5	Mandarin Oranges 20
Carrot Sticks 6	Mixed Fruit 15-17
Corn 16	Pineapple Tidbits 18
Green Beans 4	Milk 8 oz carton
Lettuce	Low Fat White Milk 11
Mashed Potatoes 15	Fat Free White Milk 11
Potato Wedges 17	Fat Free Chocolate Milk 20
Refried Beans 16	Fat Free Strawberry Milk 22
Salsa 2	
Smiley Fries 20	
Tossed Salad 3+	
Grains	
Baked Cheetos 17	
Breadstick 22	
Cookie WG 14	
Doritos RF 20	
Gold Fish 14	
Hamburger Bun	
Hotdog Bun	
Sandwich Bread	
Pasta 42	

Lunch meal offered includes:

Grain - Minimum 1 oz
Meat/Meat Alternate - Minimum 2 oz
Vegetable - 1/2 Cup
Fruit - 1/2 Cup
Milk - Minimum 8 oz

Students do not have to take all five components, but they must take a minimum of three, which must include a fruit or vegetable to count as a

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