



May 2018

Corbin Elementary School Lunch Menu



Corbin Elementary School is a CEP school
(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Monday	Tuesday	Wednesday	Thursday	Friday
	Spaghetti w/Meat Sauce Fresh Garden Salad Garlic Bread Fruit Milk	Chicken Nuggets Mashed Potatoes Glazed Carrots Cookie WG Fruit Milk	Hot dog w/ Chili Sauce Potato Wedges Baked Beans Fresh Veggies/Ranch Fruit Milk	School Pizza Fresh Garden Salad Golden Sweet Corn Fruit Sidekick Milk
Corn Dog Creamy Mac & Cheese Green Beans Fruit Milk	Sloppy Joe Funyuns or Doritos Carrot Sticks/Ranch Fruit Milk	Chicken Nuggets Mashed Potatoes Broccoli & Cheese Cookie WG Fruit Milk	Taco Salad Lettuce, Tomatoes Shredded Cheese Refried Beans Salsa Fruit, Milk	Hamburger Sandwich Toppings Smiley Fries Fruit Sidekick Milk
Chicken Sandwich Sandwich Toppings Tater Tots Fresh Broccoli/Ranch Fruit Sidekick Milk	Spaghetti w/Meat Sauce Fresh Garden Salad Garlic Bread Fruit Milk	Chicken Nuggets Mashed Potatoes Glazed Carrots Cookie WG Fruit Milk	Hot dog w/ Chili Sauce Potato Wedges Baked Beans Fresh Veggies/Ranch Fruit Milk	School Pizza Fresh Garden Salad Golden Sweet Corn Fruit Sidekick Milk
Corn Dog Creamy Mac & Cheese Green Beans Fruit Milk	NO SCHOOL ELECTION DAY	Chicken Nuggets Mashed Potatoes Broccoli & Cheese Cookie WG Fruit Milk	LAST DAY OF SCHOOL HALF DAY Sack Lunches Turkey and Cheese Sandwich, Chips, Veggie Stick, Treat Fruit, Milk	

Have a great summer!!!

Some menu items are subject to change without notice due to availability

<p>Variety of Low fat, Fat Free White Milk and Fat Free Flavored Milk Offered Daily</p>		<p>Variety of Fruit Offered Daily</p>
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Carb Counts

Entree Meat Items	Tortilla Shell 25
Cheese Slice 2	Condiments
Cheese - Shredded 1	BBQ 11
Chicken Nuggets 16	Ketchup 3
Chicken Patty 16	Mayonnaise 0
Corn Dog 30	Mustard 2
Ham 1	Ranch Dip 5
Hamburger Patty 1	Fruit 1/2 cup servings
Hotdog Frank 1	Apple 22
Manwich Sauce/Meat 4	Orange 21
School Pizza 32	Banana 27
Spaghetti Meat Sauce 5.5	Applesauce 13-14
Taco Meat 3	Diced Peaches 14
Turkey 0	Diced Pears 16
Vegetables	Mandarin Oranges 20
Broccoli -Fresh 5.5	Mixed Fruit 15-17
Carrot Sticks 6	Pineapple Tidbits 18
Corn 16	Milk 8 oz carton
Green Beans 4	Low Fat White Milk 11
Lettuce	Fat Free White Milk 11
Mashed Potatoes 15	Fat Free Chocolate Milk 20
Potato Wedges 17	Fat Free Strawberry Milk 22
Refried Beans 16	Fat Free Vanilla Milk 24
Salsa 2	
Smiley Fries 20	
Tossed Salad 3+	
Grains	
Baked Cheetos 17	
Breadstick 22	
Cookie WG 14	
Doritos RF 20	
Gold Fish 14	
Hamburger Bun	
Hotdog Bun	
Sandwich Bread	
Pasta 42	
Tortilla Chips 21	

Lunch meal offered includes:

Grain - Minimum 1 oz
Meat/Meat Alternate - Minimum 2 oz
Vegetable - 1/2 Cup
Fruit - 1/2 Cup
Milk - Minimum 8 oz

Students do not have to take all five components, but they must take a minimum of three, which must include a fruit or vegetable to count as a meal.

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