



December 2017

Corbin Middle School Breakfast Menu



Corbin Middle School Meal Prices

Breakfast \$0.90 Reduced Breakfast \$0.30
 Lunch \$2.20 Reduced Lunch \$0.40

Online Meal Payments

Online Free and Reduced
 Price Meal Application

www.myschoolbucks.com

www.heartlandapps.com

Carb Counts

Entree Items	Carb Counts
Bacon 0	Mandarin Oranges 20
Biscuit 24	Mixed Fruit 15-17
Breakfast Pizza WG 26	Pineapple Tidbits 18
Chicken Breakfast Pattie 4	Poptarts 2 count package
Cinnamon Minnis WG 39	Chocolate Fudge WG 76
Donut, Mini Powdered WG 41	Brown Sugar Cinnamon WG 75
Donut, Mini Chocolate WG 41	Strawberry WG 76
Donut, Glazed WG 29	100 % Fruit Juice 4 oz
French Toast Sticks WG 35	Orange Juice Carton 15
Frudel, Apple WG 36	Apple Juice - Suncup 14
Frudel, Cherry WG 37	Grape Juice - Suncup 19
Funnel Cake (Dutch Waffle) WG 43	Orange Jucie - Suncup 14
Gravy 6	Milk 8 oz carton
Mini Pancakes WG Maple 35	Low Fat White Milk 11
Mini Pancakes WG Strawberry 35	Fat Free White Milk 11
Mini Waffles WG 35	Fat Free Chocolate Milk 20
Muffin WG Blueberry 30	Fat Free Strawberry Milk 22
Muffin WG Chocolate 32	Fat Free Vanilla Milk 24
Oatmeal 40	Syrup 31
Pancake Wrap WG 18	Jelly all varieties 9
Sausage 1	Nutri Grain Bar Strawberry WG 29
Scrambled Eggs 0	Nutri Grain Apple Cinnamon WG 24
Toast WG 1 slice 14	

Monday	Tuesday	Wednesday	Thursday	Friday
				Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk
Choice of Apple or Cherry Frudel, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Gravy & Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Pancake Wrap & Syrup Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Glazed Donut, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk
Choice of Cinnamon Bun, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Scrambled Eggs, Sausage Links & Toast, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Funnel Cake, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk
Merry Christmas				
And Happy New Year!!				

Some menu items are subject to change without notice due to availability

Variety of
 Low fat, Fat Free White Milk
 and
 Fat Free Flavored Milk
 Offered Daily



Fruit & Variety of Juice
 Offered Daily

Breakfast meal offered includes:

Grain (Entree)
 Milk
 Fruit
 Juice

Students must select entree and
 a 1/2 cup fruit or juice
 to count as a meal

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