



# April 2018

## Corbin Preschool Center Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Spring Break				
2  Corn Dog Creamy Mac & Cheese Green Beans Fruit Milk	3  Sloppy Joe Funyuns or Doritos Carrot Sticks/Ranch Fruit Milk	4  Chicken Nuggets Mashed Potatoes Broccoli & Cheese Cookie WG Fruit Milk	5  Taco Salad Lettuce, Tomatoes Shredded Cheese Refried Beans Salsa Fruit, Milk	6  Hamburger Sandwich Toppings Smiley Fries Fruit Sidekick Milk
9  Chicken Sandwich Sandwich Toppings Tater Tots Fresh Broccoli/Ranch Fruit Milk	10  Spaghetti w/Meat Sauce Fresh Garden Salad Garlic Bread Fruit Milk	11  Chicken Nuggets Mashed Potatoes Glazed Carrots Cookie WG Fruit Milk	12  Hot dog w/ Chili Sauce Potato Wedges Baked Beans Fresh Veggies/Ranch Fruit Milk	13  School Pizza Fresh Garden Salad Golden Sweet Corn Fruit Sidekick Milk
16  Corn Dog Creamy Mac & Cheese Green Beans Fruit Milk	23  Sloppy Joe Funyuns or Doritos Carrot Sticks/Ranch Fruit Milk	24  Chicken Nuggets Mashed Potatoes Broccoli & Cheese Cookie WG Fruit Milk	25  Taco Salad Lettuce, Tomatoes Shredded Cheese Refried Beans Salsa Fruit, Milk	26  Hamburger Sandwich Toppings Smiley Fries Fruit Sidekick Milk
29  Chicken Sandwich Sandwich Toppings Tater Tots Fresh Broccoli/Ranch Fruit Milk				

Some menu items are subject to change without notice due to availability

**Variety of  
Low fat, Fat Free  
White Milk  
and Fat Free Flavored  
Milk Offered Daily**



**Fruit Offered Daily**

**Corbin Preschool Center is a CEP school**  
(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Carb Counts	
<p><b>Entree Meat Items</b></p> Cheese Slice 2 Cheese - Shredded 1 Chicken Nuggets 16 Chicken Patty 16 Corn Dog 30 Ham 1 Hamburger Patty 1 Hotdog Frank 1 Manwich Sauce/Meat 4 School Pizza 32 Spaghetti Meat Sauce 5.5 Taco Meat 3 Turkey 0	<p>Tortilla Chips 21            Tortilla Shell 25</p> <p><b>Condiments</b></p> BBQ 11 Ketchup 3 Mayonnaise 0 Mustard 2 Ranch Dip 5 <p><b>Fruit 1/2 cup servings</b></p> Apple 22 Orange 21 Banana 27 Applesauce 13-14 Diced Peaches 14 Diced Pears 16 Mandarin Oranges 20 Mixed Fruit 15-17 Pineapple Tidbits 18 <p><b>Milk 8 oz carton</b></p> Low Fat White Milk 11 Fat Free White Milk 11 Fat Free Chocolate Milk 20 Fat Free Strawberry Milk 22
<p><b>Vegetables</b></p> Broccoli -Fresh 5.5 Carrot Sticks 6 Corn 16 Green Beans 4 Lettuce Mashed Potatoes 15 Potato Wedges 17 Refried Beans 16 Salsa 2 Smiley Fries 20 Tossed Salad 3+	<p style="text-align: center;"><b>Lunch meal offered includes:</b></p> <p style="text-align: center;"><b>Grain - Minimum 1 oz</b></p> <p style="text-align: center;"><b>Meat/Meat Alternate - Minimum 2 oz</b></p> <p style="text-align: center;"><b>Vegetable - 1/2 Cup</b></p> <p style="text-align: center;"><b>Fruit - 1/2 Cup</b></p> <p style="text-align: center;"><b>Milk - Minimum 8 oz</b></p> <p style="text-align: center;"><b>Offer vs. serve is not available for preschool students. Students must take all items placed on tray but can share with others if item is not</b></p>
<p><b>Grains</b></p> Baked Cheetos 17 Breadstick 22 Cookie WG 14 Doritos RF 20 Gold Fish 14 Hamburger Bun Hotdog Bun Sandwich Bread Pasta 42	

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