




December 2017

Corbin Preschool Center Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				Hamburger w/Bun 1 Sandwich Toppings Baked Chips Celery/Ranch Fruit Milk
Chicken Sandwich 4 Sandwich Toppings Smiley Fries Fresh Celery/Ranch Fruit Milk	Corn Dog 5 Mac & Cheese Carrot Sticks/Ranch Fruit Sidekick Milk	Chicken Nuggets 6 Mashed Potatoes Steamed Carrots Cookie WG Fruit Milk	Vegetable Beef Soup 7 Grilled Cheese Fresh Veggies/Ranch Fruit Sidekick Milk	Calzones 8 Tossed Garden Salad Steamed Corn Fruit Milk
Hamburger 11 Sandwich Toppings Smiley Fries Fresh Celery/Ranch Fruit Milk	Spaghetti w/Meat 12 Sauce Tossed Salad Garlic Bread Fruit Milk	Chicken Nuggets 13 Mashed Potatoes Broccoli & Cheese Cookie WG Fruit Milk	Hotdog w/Chili 14 Potato Wedges Broccoli/Ranch Fruit Sidekick Milk	School Pizza 15 Tossed Garden Salad Steamed Corn Fruit Milk
18	19	20	21	22
Merry Christmas				
25	26	27	28	29
And Happy New Year!!				

Some menu items are subject to change without notice due to availability

<p>Variety of Low fat, Fat Free White Milk and Fat Free Flavored Milk Offered Daily</p>		<p>Fruit Offered Daily</p>
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Corbin Preschool Center is a CEP school
(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Carb Counts	
<p>Entree Meat Items</p> <ul style="list-style-type: none"> Cheese Slice 2 Cheese - Shredded 1 Chicken Nuggets 16 Chicken Patty 16 Corn Dog 30 Ham 1 Hamburger Patty 1 Hotdog Frank 1 Manwich Sauce/Meat 4 School Pizza 32 Spaghetti Meat Sauce 5.5 Taco Meat 3 Turkey 0 <p>Vegetables</p> <ul style="list-style-type: none"> Broccoli -Fresh 5.5 Carrot Sticks 6 Corn 16 Green Beans 4 Lettuce Mashed Potatoes 15 Potato Wedges 17 Refried Beans 16 Salsa 2 Smiley Fries 20 Tossed Salad 3+ <p>Grains</p> <ul style="list-style-type: none"> Baked Cheetos 17 Breadstick 22 Cookie WG 14 Doritos RF 20 Gold Fish 14 Hamburger Bun Hotdog Bun Sandwich Bread Pasta 42 	<ul style="list-style-type: none"> Tortilla Chips 21 Tortilla Shell 25 <p>Condiments</p> <ul style="list-style-type: none"> BBQ 11 Ketchup 3 Mayonnaise 0 Mustard 2 Ranch Dip 5 <p>Fruit 1/2 cup servings</p> <ul style="list-style-type: none"> Apple 22 Orange 21 Banana 27 Applesauce 13-14 Diced Peaches 14 Diced Pears 16 Mandarin Oranges 20 Mixed Fruit 15-17 Pineapple Tidbits 18 <p>Milk 8 oz carton</p> <ul style="list-style-type: none"> Low Fat White Milk 11 Fat Free White Milk 11 Fat Free Chocolate Milk 20 Fat Free Strawberry Milk 22
<p>Lunch meal offered includes:</p> <p style="margin-left: 40px;">Grain - Minimum 1 oz Meat/Meat Alternate - Minimum 2 oz Vegetable - 1/2 Cup Fruit - 1/2 Cup Milk - Minimum 8 oz</p> <p>Offer vs. serve is not available for preschool students. Students must take all items placed on tray but can share with others if item is not</p>	

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