



February 2018

Corbin Preschool Center Lunch Menu

Corbin Preschool Center is a CEP school
(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Monday	Tuesday	Wednesday	Thursday	Friday
			Hotdog w/Chili Potato Wedges Broccoli/Ranch Fruit Milk	School Pizza Fresh Garden Salad Golden Sweet Corn Fruit Sidekick Milk
Corn Dog Creamy Mac & Cheese Green Beans Fruit Sidekick Milk	Spaghetti w/Meat Sauce Fresh Garden Salad Garlic Bread Fruit Milk	Chicken Nuggets Mashed Potatoes Glazed Carrots Cookie WG Fruit Milk	Chili Soup Grilled Cheese Fresh Veggies/Ranch Fruit Milk	Chicken Sandwich Sandwich Toppings Smiley Fries Fresh Celery/Ranch Fruit Milk
Chicken Fajitas Shredded Cheese Lettuce, Diced Tomatoes Refried Bean Fruit, Milk	Vegetable soup Grilled Cheese Fresh Veggies/Ranch Fruit Milk	Chicken Nuggets Mashed Potatoes Broccoli & Cheese Cookie WG Fruit Milk	Chicken Alfredo Fresh Garden Salad Garlic Bread Fruit Milk	Hamburger w/Bun Sandwich Toppings Tator tots Fresh Veggies/Ranch Fruit Milk
Chicken Noodle Soup Grilled Cheese Fresh Veggies/Ranch Fruit Milk	Taco Salad Lettuce Shredded Cheese Refried Bean Fruit Milk	Chicken Nuggets Mashed Potatoes Steamed Carrots Cookie WG Fruit Milk	Hotdog w/Chili Potato Wedges Broccoli/Ranch Fruit Sidekick Milk	School Pizza Fresh Garden Salad Golden Sweet Corn Fruit Sidekick Milk
Corn Dog Creamy Mac & Cheese Green Beans Fruit Sidekick Milk	Chili Soup Grilled Cheese Fresh Veggies/Ranch Fruit Milk	Chicken Nuggets Mashed Potatoes Broccoli & Cheese Cookie WG Fruit Milk		

Some menu items are subject to change without notice due to availability

**Variety of
Low fat, Fat Free
White Milk
and Fat Free Flavored
Milk Offered Daily**

Fruit Offered Daily

Carb Counts

Entree Meat Items	Tortilla Chips 21
Cheese Slice 2	Tortilla Shell 25
Cheese - Shredded 1	Condiments
Chicken Nuggets 16	BBQ 11
Chicken Patty 16	Ketchup 3
Corn Dog 30	Mayonnaise 0
Ham 1	Mustard 2
Hamburger Patty 1	Ranch Dip 5
Hotdog Frank 1	Fruit 1/2 cup servings
Manwich Sauce/Meat 4	Apple 22
School Pizza 32	Orange 21
Spaghetti Meat Sauce 5.5	Banana 27
Taco Meat 3	Applesauce 13-14
Turkey 0	Diced Peaches 14
Vegetables	Diced Pears 16
Broccoli -Fresh 5.5	Mandarin Oranges 20
Carrot Sticks 6	Mixed Fruit 15-17
Corn 16	Pineapple Tidbits 18
Green Beans 4	Milk 8 oz carton
Lettuce	Low Fat White Milk 11
Mashed Potatoes 15	Fat Free White Milk 11
Potato Wedges 17	Fat Free Chocolate Milk 20
Refried Beans 16	Fat Free Strawberry Milk 22
Salsa 2	
Smiley Fries 20	
Tossed Salad 3+	
Grains	
Baked Cheetos 17	
Breadstick 22	
Cookie WG 14	
Doritos RF 20	
Gold Fish 14	
Hamburger Bun	
Hotdog Bun	
Sandwich Bread	
Pasta 42	

Lunch meal offered includes:

Grain - Minimum 1 oz
Meat/Meat Alternate - Minimum 2 oz
Vegetable - 1/2 Cup
Fruit - 1/2 Cup
Milk - Minimum 8 oz

Offer vs. serve is not available for preschool students. Students must take all items placed on tray but can share with others if item is not

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