



May 2017



Corbin Preschool Center Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
School Pizza 1 Tossed Garden Salad Steamed Corn Fruit Sidekick Milk	Spaghetti w/Meat 2 Sauce Tossed Salad Breadstick Fruit Milk	Chicken Nuggets 3 Mashed Potatoes Steamed Carrots Cookie WG Fruit Milk	Hotdog 4 Doritos Fresh Veggies/Ranch Fruit Milk	Chicken Sandwich 5 Sandwich Toppings Baked Chips Fresh Veggies/Ranch Fruit Milk
Corn Dog 8 Carrot Sticks/Ranch Doritos Fruit Milk	Chicken Sandwich 9 Sandwich Toppings Baked Chips Fresh Veggies/Ranch Fruit Milk	Chicken Nuggets 10 Mashed Potatoes Broccoli & Cheese Cookie WG Fruit Milk	Hamburger w/Bun 11 Sandwich Toppings Tator Tots Baked Beans Fruit Sidekick Milk	School Pizza 12 Tossed Garden Salad Steamed Corn Fruit Milk
Taco Salad 15 Lettuce, Shredded Cheese, Salsa Refried Beans Fruit Milk	No School 16	Chicken Nuggets 17 Mashed Potatoes Steamed Carrots Cookie WG Fruit Milk	Chicken Sandwich 18 Sandwich Toppings Fresh Veggies/Ranch Smiley Fries Fruit Milk	Turkey & Cheese 19 Sandwich Doritos Carrot Sticks/Ranch Fruit Milk
22	23	24	25	26
29	30	31		

Have a great summer!!!

Some menu items are subject to change without notice due to availability

Variety of
Low fat, Fat Free White Milk
and
Fat Free Flavored Milk Offered Daily



Fruit Offered Daily

Corbin Preschool Center is a CEP school

(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Carb Counts

Entree Meat Items

- Cheese Slice 2
- Cheese - Shredded 1
- Chicken Nuggets 16
- Chicken Patty 16
- Corn Dog 30
- Ham 1
- Hamburger Patty 1
- Hotdog Frank 1
- Manwich Sauce/Meat 4
- School Pizza 32
- Spaghetti Meat Sauce 5.5
- Taco Meat 3
- Turkey 0

Vegetables

- Broccoli -Fresh 5.5
- Carrot Sticks 6
- Corn 16
- Green Beans 4
- Lettuce
- Mashed Potatoes 15
- Potato Wedges 17
- Refried Beans 16
- Salsa 2
- Smiley Fries 20
- Tossed Salad 3+

Grains

- Baked Cheetos 17
- Breadstick 22
- Cookie WG 14
- Doritos RF 20
- Gold Fish 14
- Hamburger Bun
- Hotdog Bun
- Sandwich Bread
- Pasta 42

Tortilla Chips 21

Tortilla Shell 25

Condiments

- BBQ 11
- Ketchup 3
- Mayonnaise 0
- Mustard 2
- Ranch Dip 5

Fruit 1/2 cup servings

- Apple 22
- Orange 21
- Banana 27
- Applesauce 13-14
- Diced Peaches 14
- Diced Pears 16
- Mandarin Oranges 20
- Mixed Fruit 15-17
- Pineapple Tidbits 18

Milk 8 oz carton

- Low Fat White Milk 11
- Fat Free White Milk 11
- Fat Free Chocolate Milk 20
- Fat Free Strawberry Milk 22

Lunch meal offered includes:

- Grain - Minimum 1 oz
- Meat/Meat Alternate - Minimum 2 oz
- Vegetable - 1/2 Cup
- Fruit - 1/2 Cup
- Milk - Minimum 8 oz

Students do not have to take all five components, but they must take a minimum of three, which will include a fruit or vegetable to count as a meal.

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