



# March 2018

## Corbin Primary School Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			Choice of Mini Donuts, Cereal & Toast, Poptart Fruit, Juice, Milk 1	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk 2
Choice of Yogurt & Animal Crackers, Cereal & Toast, Poptart Fruit, Juice, Milk 5	Choice of Scrambled Eggs, Sausage Links & Toast, Cereal & Toast, Poptart Fruit, Juice, Milk 6	Choice of Mini Pancakes & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk 7	Choice of Funnel Cake, Cereal & Toast, Poptart Fruit, Juice, Milk 8	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk 9
Choice of Muffin, Cereal & Toast, Poptart Fruit, Juice, Milk 12	Choice of Gravy & Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk 13	Choice of Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk 14	Choice of French Toast Sticks & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk 15	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk 16
Choice of Yogurt & Animal Crackers, Cereal & Toast, Poptart Fruit, Juice, Milk 19	Choice of Scrambled Eggs, Sausage Links & Toast, Cereal & Toast, Poptart Fruit, Juice, Milk 20	Choice of Mini Pancakes & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk 21	Choice of Funnel Cake, Cereal & Toast, Poptart Fruit, Juice, Milk 22	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk 23
Choice of Muffin, Cereal & Toast, Poptart Fruit, Juice, Milk 26	Choice of Gravy & Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk 27	Choice of Pancake Wrap & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk 28	Choice of French Toast Sticks & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk 29	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk 30

Some menu items are subject to change without notice due to availability

<p><b>Variety of Low fat, Fat Free White Milk and Fat Free Flavored Milk Offered Daily</b></p>		<p><b>Fruit &amp; Variety of Juice Offered Daily</b></p>
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### Corbin Primary School is a CEP school

(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

<b>Carb Counts</b>	
<p><b>Entree Items</b></p> <ul style="list-style-type: none"> <li>Bacon 0</li> <li>Biscuit 24</li> <li>Breakfast Pizza WG 26</li> <li>Chicken Breakfast Pattie 4</li> <li>Cinnamon Minnis WG 39</li> <li>Donut, Mini Powdered WG 41</li> <li>Donut, Mini Chocolate WG 41</li> <li>Donut, Glazed WG 29</li> <li>French Toast Sticks WG 35</li> <li>Frudel, Apple WG 36</li> <li>Frudel, Cherry WG 37</li> <li>Funnel Cake (Dutch Waffle) WG 43</li> <li>Gravy 6</li> <li>Mini Pancakes WG Maple 35</li> <li>Mini Pancakes WG Strawberry 35</li> <li>Mini Waffles WG 35</li> <li>Muffin WG Blueberry 30</li> <li>Muffin WG Chocolate 32</li> <li>Oatmeal 40</li> <li>Pancake Wrap WG 18</li> <li>Sausage 1</li> <li>Scrambled Eggs 0</li> <li>Toast WG 1 slice 14</li> </ul> <p><b>Cereal</b></p> <ul style="list-style-type: none"> <li>Cinnamon Toast Crunch 22</li> <li>Cocoa Krispies 28</li> <li>Frosted Flakes 24</li> <li>Froot Loops 18</li> <li>Lucky Charms 23</li> </ul> <p><b>Fruit 1/2 cup servings</b></p> <ul style="list-style-type: none"> <li>Apple 22</li> <li>Orange 21</li> <li>Banana 27</li> <li>Applesauce 13-14</li> <li>Diced Peaches 14</li> <li>Diced Pears 16</li> </ul>	<ul style="list-style-type: none"> <li>Mandarin Oranges 20</li> <li>Mixed Fruit 15-17</li> <li>Pineapple Tidbits 18</li> </ul> <p><b>Poptarts 2 count package</b></p> <ul style="list-style-type: none"> <li>Chocolate Fudge WG 76</li> <li>Brown Sugar Cinnamon WG 75</li> <li>Strawberry WG 76</li> </ul> <p><b>100 % Fruit Juice 4 oz</b></p> <ul style="list-style-type: none"> <li>Orange Juice Carton 15</li> <li>Apple Juice - Suncup 14</li> <li>Grape Juice - Suncup 19</li> <li>Orange Jucie - Suncup 14</li> </ul> <p><b>Milk 8 oz carton</b></p> <ul style="list-style-type: none"> <li>Low Fat White Milk 11</li> <li>Fat Free White Milk 11</li> <li>Fat Free Chocolate Milk 20</li> <li>Fat Free Strawberry Milk 22</li> <li>Fat Free Vanilla Milk 24</li> </ul> <p>Syrup 31</p> <ul style="list-style-type: none"> <li>Jelly all varieties 9</li> <li>Nutri Grain Bar Strawberry WG 29</li> <li>Nutri Grain Apple Cinnamon WG 24</li> </ul>
<p><b>Breakfast meal offered includes:</b></p> <p style="margin-left: 40px;"><b>Grain (Entree)</b></p> <p style="margin-left: 40px;"><b>Milk</b></p> <p style="margin-left: 40px;"><b>Fruit</b></p> <p style="margin-left: 40px;"><b>Juice</b></p> <p><b>Students must select entree and a 1/2 cup fruit or juice to count as a meal</b></p>	

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