



May 2017



Corbin Primary School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of Muffin, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Gravy & Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Mini Pancakes & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk
Choice of Pancake Wrap & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Scrambled Eggs, Bacon & Toast, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of French Toast Sticks & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Oatmeal & Toast, Yogurt & Animal Crackers, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk
Choice of Muffin, Cereal & Toast, Poptart Fruit, Juice, Milk	No School	Choice of Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Mini Pancakes & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk
22	23	24	25	26
29	30	31		

Have a great summer!!!

Some menu items are subject to change without notice due to availability

Variety of Low fat, Fat Free White Milk and Fat Free Flavored Milk Offered Daily		Fruit & Variety of Juice Offered Daily
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Corbin Primary School is a CEP school
(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Carb Counts	
Entree Items Bacon 0 Biscuit 24 Breakfast Pizza WG 26 Chicken Breakfast Pattie 4 Gravy 6 Mini Pancakes WG Maple 35 Mini Pancakes WG Strawberry 35 Mini Waffles WG 35 Muffin WG Blueberry 30 Muffin WG Chocolate 32 Pancake Wrap WG 18 Sausage 1 Scrambled Eggs 0 Toast WG 1 slice 14	Pineapple Tidbits 18 100 % Fruit Juice 4 oz Orange Juice Carton 15 Apple Juice - Suncup 14 Grape Juice - Suncup 19 Orange Juice - Suncup 14 Milk 8 oz carton Low Fat White Milk 11 Fat Free White Milk 11 Fat Free Chocolate Milk 20 Fat Free Strawberry Milk 22 Fat Free Vanilla Milk 24 Syrup 31 Jelly all varieties 9 Nutri Grain Bar Strawberry WG 29 Cinnamon Apple WG 24 Blueberry WG 30
Cereal Cinnamon Toast Crunch 22 Cocoa Krispies 28 Frosted Flakes 24 Froot Loops 18 Lucky Charms 23	
Poptarts 2 count package WG Chocolate Fudge 76 WG Brown Sugar Cinnamon 75 WG Strawberry 76	
Fruit 1/2 cup servings Apple 22 Orange 21 Banana 27 Applesauce 13-14 Diced Peaches 14 Diced Pears 16 Mandarin Oranges 20 Mixed Fruit 15-17	

Breakfast meal offered includes:

Grain

Milk

Fruit

Juice

Students must take a 1/2 cup juice or fruit to count as a meal

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