



May 2017



Corbin Elementary School Lunch Menu

Meal Prices

Breakfast \$0.90 Reduced Breakfast \$0.30
Lunch \$2.10 Reduced Lunch \$0.40

Online Meal Payments

www.myschoolbucks.com

Online Free and Reduced Price Meal Application

www.heartlandapps.com

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fajitas 1 Lettuce, Shredded Cheese, Salsa Refried Beans Fruit Sidekick Milk	Spaghetti w/Meat 2 Sauce Tossed Salad Garlic Bread Fruit Milk	Chicken Nuggets 3 Mashed Potatoes Steamed Carrots Cookie WG Fruit Milk	Hotdog 4 Doritos Fresh Veggies/Ranch Fruit Milk	Chicken Sandwich 5 Sandwich Toppings Baked Chips Fresh Veggies/Ranch Fruit Milk
Corn Dog 8 Carrot Sticks/Ranch Doritos Fruit Milk	Chicken Sandwich 9 Sandwich Toppings Fresh Veggies/Ranch Baked Chips Fruit Milk	Chicken Nuggets 10 Mashed Potatoes Carrot Sticks Cookie WG Fruit Milk	Hamburger w/Bun 11 Sandwich Toppings Tator Tots Baked Beans Fruit Sidekick Milk	School Pizza 12 Tossed Garden Salad Steamed Corn Fruit Milk
Taco Salad 15 Lettuce, Shredded Cheese, Salsa Refried Beans Fruit Milk	No School 16	Chicken Nuggets 17 Mashed Potatoes Broccoli & Cheese Cookie WG Fruit Milk	Chicken Sandwich 18 Sandwich Toppings Fresh Veggies/Ranch Smiley Fries Fruit Milk	Turkey Sandwich 19 Doritos Carrot Sticks/Ranch Fruit Milk
22	23	24	25	26
29	30	31		

Have a great summer!!!

Some menu items are subject to change without notice due to availability

Variety of
Low fat, Fat Free White Milk
and
Fat Free Flavored Milk Offered Daily



Variety of
Fruit Offered Daily

Carb Counts

Entree Meat Items

Cheese Slice 2
Cheese - Shredded 1
Chicken Nuggets 16
Chicken Patty 16
Corn Dog 30
Ham 1
Hamburger Patty 1
Hotdog Frank 1
Manwich Sauce/Meat 4
School Pizza 32
Spaghetti Meat Sauce 5.5
Taco Meat 3
Turkey 0

Vegetables

Broccoli -Fresh 5.5
Carrot Sticks 6
Corn 16
Green Beans 4
Lettuce
Mashed Potatoes 15
Potato Wedges 17
Refried Beans 16
Salsa 2
Smiley Fries 20
Tossed Salad 3+

Grains

Baked Cheetos 17
Breadstick 22
Cookie WG 14
Doritos RF 20
Gold Fish 14
Hamburger Bun
Hotdog Bun
Sandwich Bread
Pasta 42

Tortilla Chips 21
Tortilla Shell 25

Condiments

BBQ 11
Ketchup 3
Mayonnaise 0
Mustard 2
Ranch Dip 5

Fruit 1/2 cup servings

Apple 22
Orange 21
Banana 27
Applesauce 13-14
Diced Peaches 14
Diced Pears 16
Mandarin Oranges 20
Mixed Fruit 15-17
Pineapple Tidbits 18

Milk 8 oz carton

Low Fat White Milk 11
Fat Free White Milk 11
Fat Free Chocolate Milk 20
Fat Free Strawberry Milk 22

Lunch meal offered includes:

Grain - Minimum 1 oz
Meat/Meat Alternate - Minimum 2 oz
Vegetable - 1/2 Cup
Fruit - 1/2 Cup
Milk - Minimum 8 oz

Students do not have to take all five components,
but they must take a minimum of three, which will
include a fruit or vegetable to count as a meal.

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