



April 2018

Corbin High School Breakfast Menu



Corbin High School Meal Prices

Breakfast \$0.90 Reduced Breakfast \$0.30
Lunch \$2.20 Reduced Lunch \$0.40

Online Meal Payments

Online Free and Reduced
Price Meal Application

www.myschoolbucks.com


www.heartlandapps.com

Carb Counts

<p>Entree Items</p> <ul style="list-style-type: none"> Bacon 0 Biscuit 24 Breakfast Pizza WG 26 Chicken Breakfast Pattie 4 Cinnamon Minnis WG 39 Donut, Mini Powdered WG 41 Donut, Mini Chocolate WG 41 Donut, Glazed WG 29 French Toast Sticks WG 35 Frudel, Apple WG 36 Frudel, Cherry WG 37 Funnel Cake (Dutch Waffle) WG 43 Gravy 6 Mini Pancakes WG Maple 35 Mini Pancakes WG Strawberry 35 Mini Waffles WG 35 Muffin WG Blueberry 30 Muffin WG Chocolate 32 Oatmeal 40 Pancake Wrap WG 18 Sausage 1 Scrambled Eggs 0 Toast WG 1 slice 14 <p>Cereal</p> <ul style="list-style-type: none"> Cinnamon Toast Crunch 22 Cocoa Krispies 28 Frosted Flakes 24 Froot Loops 18 Lucky Charms 23 <p>Fruit 1/2 cup servings</p> <ul style="list-style-type: none"> Apple 22 Orange 21 Banana 27 Applesauce 13-14 Diced Peaches 14 Diced Pears 16 	<ul style="list-style-type: none"> Mandarin Oranges 20 Mixed Fruit 15-17 Pineapple Tidbits 18 <p>Poptarts 2 count package</p> <ul style="list-style-type: none"> Chocolate Fudge WG 76 Brown Sugar Cinnamon WG 75 Strawberry WG 76 <p>100 % Fruit Juice 4 oz</p> <ul style="list-style-type: none"> Orange Juice Carton 15 Apple Juice - Suncup 14 Grape Juice - Suncup 19 Orange Jucie - Suncup 14 <p>Milk 8 oz carton</p> <ul style="list-style-type: none"> Low Fat White Milk 11 Fat Free White Milk 11 Fat Free Chocolate Milk 20 Fat Free Strawberry Milk 22 Fat Free Vanilla Milk 24 <p>Syrup 31</p> <ul style="list-style-type: none"> Jelly all varieties 9 Nutri Grain Bar Strawberry WG 29 Nutri Grain Apple Cinnamon WG 24
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Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Spring Break				
9	10	11	12	13
Choice of Pancake Wrap, Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Scrambled Eggs, Sausage Links & Toast, Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Bagel, Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Mini Donuts, Breakfast Pizza, Cereal & Toast, Poptart, Fruit, Juice, Milk	Choice of Sausage or Cheddar Biscuit, Breakfast Pizza, Cereal & Toast, Poptart, Fruit, Juice, Milk
16	17	18	19	20
Choice of Pancake Wrap, Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Gravy & Biscuit, Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Bagel, Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Mini Donuts, Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Sausage or Cheddar Biscuit, Breakfast Pizza, Cereal & Toast, Poptart, Fruit, Juice, Milk
23	24	25	26	27
Choice of Pancake Wrap, Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Scrambled Eggs, Sausage Links & Toast, Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Bagel, Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk	Choice of Mini Donuts, Breakfast Pizza, Cereal & Toast, Poptart, Fruit, Juice, Milk	Choice of Sausage or Cheddar Biscuit, Breakfast Pizza, Cereal & Toast, Poptart, Fruit, Juice, Milk
30				
Choice of Pancake Wrap, Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk				

Some menu items are subject to change without notice due to availability

<p>Variety of Low fat, Fat Free White Milk and Fat Free Flavored Milk Offered Daily</p>		<p>Fruit & Variety of Juice Offered Daily</p>
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Breakfast meal offered includes:

- Grain (Entree)**
- Milk**
- Fruit**
- Juice**

**Students must select entree and
a 1/2 cup fruit or juice
to count as a meal**

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