



# February 2017

## Corbin Preschool Center Breakfast Menu



**Corbin Preschool Center is a CEP school**  
(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Yogurt & Animal Crackers Fruit, Juice, Milk	2 Cereal Bar Fruit, Juice, Milk	3 Sausage Biscuit Fruit, Juice, Milk
6 Cereal & Toast Fruit, Juice, Milk	7 Poptart Fruit, Juice, Milk	8 Yogurt & Animal Crackers Fruit, Juice, Milk	9 Cereal Bar Fruit, Juice, Milk	10 Sausage Biscuit Fruit, Juice, Milk
13 Cereal & Toast Fruit, Juice, Milk	14 Poptart Fruit, Juice, Milk	15 Yogurt & Animal Crackers Fruit, Juice, Milk	16 Cereal Bar Fruit, Juice, Milk	17 Sausage Biscuit Fruit, Juice, Milk
20 Cereal & Toast Fruit, Juice, Milk	21 Poptart Fruit, Juice, Milk	22 Yogurt & Animal Crackers Fruit, Juice, Milk	23 Cereal Bar Fruit, Juice, Milk	24 Sausage Biscuit Fruit, Juice, Milk
27 Cereal & Toast Fruit, Juice, Milk	28 Poptart Fruit, Juice, Milk			

Some menu items are subject to change without notice due to availability

**Variety of  
Low fat, Fat Free White Milk  
and  
Fat Free Flavored Milk  
Offered Daily**



**Fruit & Juice  
Offered Daily**

Carb Counts	
<p><b>Entree Items</b></p> <ul style="list-style-type: none"> <li>Bacon 0</li> <li>Biscuit 24</li> <li>Breakfast Pizza WG 26</li> <li>Chicken Breakfast Pattie 4</li> <li>Gravy 6</li> <li>Mini Pancakes WG Maple 35</li> <li>Mini Pancakes WG Strawberry 35</li> <li>Mini Waffles WG 35</li> <li>Muffin WG Blueberry 30</li> <li>Muffin WG Chocolate 32</li> <li>Pancake Wrap WG 18</li> <li>Sausage 1</li> <li>Scrambled Eggs 0</li> <li>Toast WG 1 slice 14</li> </ul> <p><b>Cereal</b></p> <ul style="list-style-type: none"> <li>Cinnamon Toast Crunch 22</li> <li>Cocoa Krispies 28</li> <li>Frosted Flakes 24</li> <li>Froot Loops 18</li> <li>Lucky Charms 23</li> </ul> <p><b>Poptarts 2 count package</b></p> <ul style="list-style-type: none"> <li>WG Chocolate Fudge 76</li> <li>WG Brown Sugar Cinnamon 75</li> <li>WG Strawberry 76</li> </ul> <p><b>Fruit 1/2 cup servings</b></p> <ul style="list-style-type: none"> <li>Apple 22</li> <li>Orange 21</li> <li>Banana 27</li> <li>Applesauce 13-14</li> <li>Diced Peaches 14</li> <li>Diced Pears 16</li> <li>Mandarin Oranges 20</li> <li>Mixed Fruit 15-17</li> </ul>	<ul style="list-style-type: none"> <li>Pineapple Tidbits 18</li> <li><b>100 % Fruit Juice 4 oz</b></li> <li>Orange Juice Carton 15</li> <li>Apple Juice - Suncup 14</li> <li>Grape Juice - Suncup 19</li> <li>Orange Juice - Suncup 14</li> </ul> <p><b>Milk 8 oz carton</b></p> <ul style="list-style-type: none"> <li>Low Fat White Milk 11</li> <li>Fat Free White Milk 11</li> <li>Fat Free Chocolate Milk 20</li> <li>Fat Free Strawberry Milk 22</li> <li>Fat Free Vanilla Milk 24</li> </ul> <ul style="list-style-type: none"> <li>Syrup 31</li> <li>Jelly all varieties 9</li> <li>Nutri Grain Bar</li> <li>Strawberry WG 29</li> <li>Cinnamon Apple WG 24</li> <li>Blueberry WG 30</li> </ul>
<p><b>Breakfast meal offered includes:</b></p> <p><b>Grain</b></p> <p><b>Milk</b></p> <p><b>Fruit</b></p> <p><b>Juice</b></p> <p><b>Students must take a 1/2 cup juice or fruit to count as a meal</b></p>	

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