



# October 2017



## Corbin Preschool Center Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Muffin Fruit, Milk	3 Apple Frudel Juice, Milk	4 Mini French Toast & Syrup Fruit, Milk	5 Mini Donuts, Juice, Milk	6 Sausage Biscuit, Fruit, Milk
9 Cinnamon Bun Fruit, Milk	10 Apple Frudel Juice, Milk	11 Pancake Wrap & Syrup Fruit, Milk	12 Glazed Donut Juice, Milk	13 Sausage Biscuit Fruit, Milk
16 <b>FALL BREAK</b>				
23 Apple Frudel Fruit, Milk	24 Mini Pancakes Toast & Syrup Juice, Milk	25 Breakfast Sliders Fruit, Milk	26 Mini Donuts, Juice, Milk	27 Sausage Biscuit Fruit, Milk
30 Cinnamon Bun Fruit, Milk	31 Apple Frudel Juice, Milk			

Some menu items are subject to change without notice due to availability

Variety of  
Low fat, Fat Free White Milk  
and  
Fat Free Flavored Milk  
Offered Daily



Fruit or Juice  
Offered Daily

### Corbin Preschool Center is a CEP school

(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

#### Carb Counts

##### Entree Items

Bacon 0  
Biscuit 24  
Breakfast Pizza WG 26  
Chicken Breakfast Pattie 4  
Cinnamon Minnis WG 39  
Donut, Mini Powdered WG 41  
Donut, Mini Chocolate WG 41  
Donut, Glazed WG 29  
French Toast Sticks WG 35  
Frudel, Apple WG 36  
Frudel, Cherry WG 37  
Funnel Cake (Dutch Waffle) WG 43  
Gravy 6  
Mini Pancakes WG Maple 35  
Mini Pancakes WG Strawberry 35  
Mini Waffles WG 35  
Muffin WG Blueberry 30  
Muffin WG Chocolate 32  
Oatmeal 40  
Pancake Wrap WG 18  
Sausage 1  
Scrambled Eggs 0  
Toast WG 1 slice 14

Syrup 31  
Jelly all varieties 9

##### Nutri Grain Bars

Strawberry WG 29  
Apple Cinn WG 24  
Blueberry WG 30

##### Fruit 1/2 cup servings

Apple 22  
Orange 21  
Banana 27  
Applesauce 13-14  
Diced Peaches 14  
Diced Pears 16  
Mandarin Oranges 20  
Mixed Fruit 15-17  
Pineapple Tidbits 18

##### 100 % Fruit Juice 4 oz

Orange Juice Carton 15  
Apple Juice - Suncup 14  
Grape Juice - Suncup 19  
Orange Juice - Suncup 14

##### Milk 8 oz carton

Low Fat White Milk 11  
Fat Free White Milk 11  
Fat Free Chocolate Milk 20  
Fat Free Strawberry Milk 22  
Fat Free Vanilla Milk 24

#### Breakfast meal offered includes:

Grain (Entree)  
Milk  
Fruit  
Juice

Offer vs. serve is not available for preschool students. Students must take all items placed on tray but can share with others if item is not wanted.

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