



October 2017

Corbin Preschool Center Lunch Menu



Corbin Preschool Center is a CEP school
(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Sandwich 2 Sandwich Toppings Smiley Fries Fresh Celery/Ranch Fruit Milk	Spaghetti w/Meat 3 Sauce Tossed Salad Garlic Bread Fruit Milk	Chicken Nuggets 4 Mashed Potatoes Steamed Carrots Cookie WG Fruit Milk	Hotdog w/Chili 5 Potato Wedges Broccoli/Ranch Fruit Sidekick Milk	School Pizza 6 Tossed Garden Salad Steamed Corn Fruit Milk
Chicken Alfredo 9 Tossed Salad Garlic Bread Fruit Milk	Taco Salad 10 Lettuce, Salsa Shredded Cheese Refried Beans Fruit Milk	Chicken Nuggets 11 Mashed Potatoes Broccoli & Cheese Cookie WG Fruit Milk	Turkey Sandwich 12 Sandwich Toppings Tator Tots Veggies/Ranch Fruit Sidekick Milk	Hamburger w/Bun 13 Sandwich Toppings Baked Chips Celery/Ranch Fruit Milk
16	17	18	19	20
FALL BREAK				
Chicken Sandwich 23 Sandwich Toppings Smiley Fries Fresh Celery/Ranch Fruit Milk	Cheesy Chicken 24 Nachos Lettuce Queso Cheese Refried Bean Fruit, Milk	Chicken Nuggets 25 Mashed Potatoes Steamed Carrots Cookie WG Fruit Milk	Corn Dog 26 Mac & Cheese Green Beans Fruit Sidekick Milk	Calzones 27 Tossed Garden Salad Steamed Corn Fruit Milk
Chicken Sandwich 30 Sandwich Toppings Smiley Fries Fresh Celery/Ranch Fruit Milk	Spaghetti w/Meat 31 Sauce Tossed Salad Garlic Bread Fruit Milk			

Some menu items are subject to change without notice due to availability

**Variety of
Low fat, Fat Free
White Milk
and Fat Free Flavored
Milk Offered Daily**



Fruit Offered Daily

Carb Counts	
<p>Entree Meat Items</p> <ul style="list-style-type: none"> Cheese Slice 2 Cheese - Shredded 1 Chicken Nuggets 16 Chicken Patty 16 Corn Dog 30 Ham 1 Hamburger Patty 1 Hotdog Frank 1 Manwich Sauce/Meat 4 School Pizza 32 Spaghetti Meat Sauce 5.5 Taco Meat 3 Turkey 0 <p>Vegetables</p> <ul style="list-style-type: none"> Broccoli -Fresh 5.5 Carrot Sticks 6 Corn 16 Green Beans 4 Lettuce Mashed Potatoes 15 Potato Wedges 17 Refried Beans 16 Salsa 2 Smiley Fries 20 Tossed Salad 3+ <p>Grains</p> <ul style="list-style-type: none"> Baked Cheetos 17 Breadstick 22 Cookie WG 14 Doritos RF 20 Gold Fish 14 Hamburger Bun Hotdog Bun Sandwich Bread Pasta 42 	<ul style="list-style-type: none"> Tortilla Chips 21 Tortilla Shell 25 <p>Condiments</p> <ul style="list-style-type: none"> BBQ 11 Ketchup 3 Mayonnaise 0 Mustard 2 Ranch Dip 5 <p>Fruit 1/2 cup servings</p> <ul style="list-style-type: none"> Apple 22 Orange 21 Banana 27 Applesauce 13-14 Diced Peaches 14 Diced Pears 16 Mandarin Oranges 20 Mixed Fruit 15-17 Pineapple Tidbits 18 <p>Milk 8 oz carton</p> <ul style="list-style-type: none"> Low Fat White Milk 11 Fat Free White Milk 11 Fat Free Chocolate Milk 20 Fat Free Strawberry Milk 22
<p>Lunch meal offered includes:</p> <p style="margin-left: 40px;">Grain - Minimum 1 oz</p> <p style="margin-left: 40px;">Meat/Meat Alternate - Minimum 2 oz</p> <p style="margin-left: 40px;">Vegetable - 1/2 Cup</p> <p style="margin-left: 40px;">Fruit - 1/2 Cup</p> <p style="margin-left: 40px;">Milk - Minimum 8 oz</p> <p style="margin-left: 40px;">Offer vs. serve is not available for preschool students. Students must take all items placed on tray but can share with others if item is not</p>	

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