



February 2017



Corbin Primary School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		Choice of Pancake Wrap & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk ¹	Choice of Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk ²	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk ³
Choice of Muffin, Cereal & Toast, Poptart Fruit, Juice, Milk ⁶	Choice of Scrambled Eggs, Bacon & Toast, Cereal & Toast, Poptart Fruit, Juice, Milk ⁷	Choice of French Toast Sticks & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk ⁸	Choice of Oatmeal & Toast, Cereal & Toast, Poptart Fruit, Juice, Milk ⁹	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk ¹⁰
Choice of Mini Pancakes & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk ¹³	Choice of Gravy & Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk ¹⁴	Choice of Pancake Wrap & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk ¹⁵	Choice of Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk ¹⁶	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk ¹⁷
Choice of Muffin, Cereal & Toast, Poptart Fruit, Juice, Milk ²⁰	Choice of Scrambled Eggs, Bacon & Toast, Cereal & Toast, Poptart Fruit, Juice, Milk ²¹	Choice of French Toast Sticks & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk ²²	Choice of Oatmeal & Toast, Cereal & Toast, Poptart Fruit, Juice, Milk ²³	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk ²⁴
Choice of Mini Pancakes & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk ²⁷	Choice of Gravy & Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk ²⁸			

Some menu items are subject to change without notice due to availability

Variety of
Low fat, Fat Free White Milk
and
Fat Free Flavored Milk
Offered Daily



Fruit & Variety of Juice
Offered Daily

Corbin Primary is a CEP school

(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Carb Counts

<p>Entree Items</p> <ul style="list-style-type: none"> Bacon 0 Biscuit 24 Breakfast Pizza WG 26 Chicken Breakfast Pattie 4 Gravy 6 Mini Pancakes WG Maple 35 Mini Pancakes WG Strawberry 35 Mini Waffles WG 35 Muffin WG Blueberry 30 Muffin WG Chocolate 32 Pancake Wrap WG 18 Sausage 1 Scrambled Eggs 0 Toast WG 1 slice 14 <p>Cereal</p> <ul style="list-style-type: none"> Cinnamon Toast Crunch 22 Cocoa Krispies 28 Frosted Flakes 24 Froot Loops 18 Lucky Charms 23 <p>Poptarts 2 count package</p> <ul style="list-style-type: none"> WG Chocolate Fudge 76 WG Brown Sugar Cinnamon 75 WG Strawberry 76 <p>Fruit 1/2 cup servings</p> <ul style="list-style-type: none"> Apple 22 Orange 21 Banana 27 Applesauce 13-14 Diced Peaches 14 Diced Pears 16 Mandarin Oranges 20 Mixed Fruit 15-17 	<ul style="list-style-type: none"> Pineapple Tidbits 18 100 % Fruit Juice 4 oz Orange Juice Carton 15 Apple Juice - Suncup 14 Grape Juice - Suncup 19 Orange Juice - Suncup 14 <p>Milk 8 oz carton</p> <ul style="list-style-type: none"> Low Fat White Milk 11 Fat Free White Milk 11 Fat Free Chocolate Milk 20 Fat Free Strawberry Milk 22 Fat Free Vanilla Milk 24 <ul style="list-style-type: none"> Syrup 31 Jelly all varieties 9 Nutri Grain Bar Strawberry WG 29 Cinnamon Apple WG 24 Blueberry WG 30
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Breakfast meal offered includes:

Grain
Milk
Fruit
Juice

Students must take a 1/2 cup juice or fruit to count as a meal

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