



February 2018

Corbin Primary School Breakfast Menu



Corbin Primary School is a CEP school

(CEP - Community Eligibility Provision)

Breakfast and Lunch provided free of charge to all students enrolled in this school.

Monday	Tuesday	Wednesday	Thursday	Friday
			Choice of Funnel Cake, Cereal & Toast, Poptart Fruit, Juice, Milk 1	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk 2
Choice of Yogurt & Animal Crackers, Cereal & Toast, Poptart Fruit, Juice, Milk 5	Choice of Scrambled Eggs, Sausage Links & Toast, Cereal & Toast, Poptart Fruit, Juice, Milk 6	Choice of Pancake Wrap & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk 7	Choice of Mini Donuts, Cereal & Toast, Poptart Fruit, Juice, Milk 8	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk 9
Choice of Muffin, Cereal & Toast, Poptart Fruit, Juice, Milk 12	Choice of Gravy & Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk 13	Choice of Breakfast Pizza, Cereal & Toast, Poptart Fruit, Juice, Milk 14	Choice of French Toast Sticks & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk 15	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk 16
Choice of Yogurt & Animal Crackers, Cereal & Toast, Poptart Fruit, Juice, Milk 19	Choice of Scrambled Eggs, Sausage Links & Toast, Cereal & Toast, Poptart Fruit, Juice, Milk 20	Choice of Mini Pancakes & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk 21	Choice of Funnel Cake, Cereal & Toast, Poptart Fruit, Juice, Milk 22	Choice of Sausage Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk 23
Choice of Muffin, Cereal & Toast, Poptart Fruit, Juice, Milk 26	Choice of Gravy & Biscuit, Cereal & Toast, Poptart Fruit, Juice, Milk 27	Choice of Pancake Wrap & Syrup, Cereal & Toast, Poptart Fruit, Juice, Milk 28		

Some menu items are subject to change without notice due to availability

<p>Variety of Low fat, Fat Free White Milk and Fat Free Flavored Milk Offered Daily</p>		<p>Fruit & Variety of Juice Offered Daily</p>
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Carb Counts

Entree Items

- Bacon 0
- Biscuit 24
- Breakfast Pizza WG 26
- Chicken Breakfast Pattie 4
- Cinnamon Minnis WG 39
- Donut, Mini Powdered WG 41
- Donut, Mini Chocolate WG 41
- Donut, Glazed WG 29
- French Toast Sticks WG 35
- Frudel, Apple WG 36
- Frudel, Cherry WG 37
- Funnel Cake (Dutch Waffle) WG 43
- Gravy 6
- Mini Pancakes WG Maple 35
- Mini Pancakes WG Strawberry 35
- Mini Waffles WG 35
- Muffin WG Blueberry 30
- Muffin WG Chocolate 32
- Oatmeal 40
- Pancake Wrap WG 18
- Sausage 1
- Scrambled Eggs 0
- Toast WG 1 slice 14

Cereal

- Cinnamon Toast Crunch 22
- Cocoa Krispies 28
- Frosted Flakes 24
- Froot Loops 18
- Lucky Charms 23

Fruit 1/2 cup servings

- Apple 22
- Orange 21
- Banana 27
- Applesauce 13-14
- Diced Peaches 14
- Diced Pears 16

- Mandarin Oranges 20
- Mixed Fruit 15-17
- Pineapple Tidbits 18

Poptarts 2 count package

- Chocolate Fudge WG 76
- Brown Sugar Cinnamon WG 75
- Strawberry WG 76

100 % Fruit Juice 4 oz

- Orange Juice Carton 15
- Apple Juice - Suncup 14
- Grape Juice - Suncup 19
- Orange Jucie - Suncup 14

Milk 8 oz carton

- Low Fat White Milk 11
- Fat Free White Milk 11
- Fat Free Chocolate Milk 20
- Fat Free Strawberry Milk 22
- Fat Free Vanilla Milk 24

- Syrup 31
- Jelly all varieties 9
- Nutri Grain Bar Strawberry WG 29
- Nutri Grain Apple Cinnamon WG 24

Breakfast meal offered includes:

- Grain (Entree)
- Milk
- Fruit
- Juice

Students must select entree and a 1/2 cup fruit or juice to count as a meal

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